

## Important Information for Visitors to Japan

### 日本を訪問される方へ – 海外旅行保険に加入しましょう

Getting international travel medical insurance for your trip to Japan is **highly recommended.**

- Overseas travel medical insurance helps you feel secure and enjoy your trip even in the case of an emergency.  
海外旅行保険に加入しておけば、いざというときも安心。心置きなく、旅を楽しめます。
- Medical treatment can be expensive. International travel medical insurance that offers sufficient coverage of treatment costs will allow you to seek medical attention without having to worry.  
医療費が高額になる場合もあります。治療費が十分に補填されている海外旅行保険に加入しておけば、不安なく治療を受けられます。
- Your international travel medical insurance should include coverage for hospital referrals, medical interpretation and cashless medical services. (Please check the details of your insurance coverage before travelling. For example, perinatal medical care is not typically covered by travel insurance and can be expensive.)  
医療機関の紹介や通訳サービス、キャッシュレス治療付きの海外旅行保険をおすすめします。（旅行前に保険内容を確認しておくことをお勧めします。例えば、周産期医療については旅行保険適用外のため、高額になる可能性があります。）

#### Helpful Links

- Japan National Tourism Organization (JNTO)  
For safe travels in Japan: [Guide for when you are feeling ill](#)
- When you bring medication into Japan for personal use, depending on the type and amount of the medication, you may have to apply for a *Yakkan Shoumei*. [More information about importing medication.](#)